



KELLY FERRIN

Gerontologist • Author • Speaker

As a gerontologist and longevity expert, Kelly has been studying aging and retirement issues for over 25 years. She was one of the first to ever receive a degree in this field from the prestigious Andrus School of Gerontology at the University of Southern California, USC, considered one of the top schools in the nation for the study of age-related issues.

Passionately committed to educating the public on longevity and healthy aging, Kelly started her own company, Lifestyles in 1986, where she serves as a consultant and motivational speaker to organizations serving the boomer and mature market. From her work in the financial industry addressing longevity's effect on retirement planning and conducting Pre-Retirement programs for corporate clients, to providing keynote presentations on a variety of topics at conferences across the country, Kelly is sought out to motivate audiences with her powerfully engaging programs on how living long and living well is changing aging in America.

The United Nations and World Health Organization recruited Kelly and her team of super seniors to help celebrate the "International Year of the Older Person," and the County of San Diego's Aging and Independence Services contracted her to create the "Feeling Fit Clubs," a unique wellness program that won numerous national accolades and airs weekdays on cable TV. Be it for personal or professional development, Kelly thrives on helping people make a positive difference in their lives. She is a certified AARP retirement specialist, local newspaper columnist, elected consultant with the Governor's Council on Physical Fitness and Sports for older adults, has co-produced a local cable television show, "Age Talk", and her message has been shared internationally throughout Canada, England, and Australia.

As the author of two books, Kelly hit the national spotlight with her first internationally released title, "What's AGE Got To Do With It? Secrets to Aging In Extraordinary Ways," an inspiring collection of true stories profiling 103 super seniors, age 67 to 122, and their secrets to ageless living. Her positive, upbeat message has coined Kelly the "age angel" for her unique vision of the current and future boomer and mature market population, which has been featured on both radio and TV talk shows nationwide including Oprah, Rosie O'Donnell, Good Morning America and the Today Show. Her message on aging is both informative and inspiring, and by sharing the good news about aging, Kelly hopes to forever change the way people look at aging. . . and even the way they age themselves.

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