



KELLY FERRIN

Gerontologist • Author • Speaker

Kelly is a gerontologist who has been studying aging and retirement issues for over 25 years. She was one of the first to ever receive a degree in this field from the prestigious Andrus School of Gerontology at the University of Southern California, considered one of the top schools in the nation for the study of age-related issues.

Passionately committed to educating the public on longevity and healthy aging, Kelly started her own company, Lifestyles in 1986, where she serves as a consultant and motivational speaker to various organizations serving the senior market. From her work in the financial industry addressing longevity's effect on retirement planning to conducting Pre-Retirement programs for corporate clients, and providing keynote presentations at various conferences across the country, Kelly is sought out to motivate audiences with her powerfully engaging programs on new images of aging. The United Nations and the World Health Organization recruited Kelly and her team of super seniors in a collaboration with the Sporting Goods Manufacturer's Association to celebrate the "International Year of the Older Person." The County of San Diego also contracted her to develop a unique wellness and fitness program, "Feeling Fit" which has won numerous national accolades including the American Society on Aging's Healthcare & Aging Award, and is now a statewide and national model airing weekdays on cable TV. As a result of this work, Kelly received the County's prestigious "Starfish Award" for excellence in community service in recognition of making a positive difference in people's lives. In addition to being a certified AARP retirement specialist, local newspaper columnist, and elected consultant with the Governor's Council on Physical Fitness and Sports for older adults, Kelly has also co-produced a local cable television show, "Age Talk", and her message has been shared internationally throughout Canada, England, and Australia.

One of her most attributed achievements that brought Kelly into the national spotlight was authoring her first internationally released book, "What's Age Got To Do With It? Secrets to Aging In Extraordinary Ways," an inspiring collection of true stories profiling 103 super seniors, age 67 to 122, and their secrets to ageless living. Volume II of the same title was recently completed and is available in paperback. Kelly's upbeat message has coined her the "age angel" for her unique vision of the current and future older adult population which has been featured on both radio and TV talk shows nationwide including Oprah, Rosie O'Donnell, Roseanne, Good Morning America and the Today Show. Her message on aging is both informative and inspiring, and by sharing the good news about aging, Kelly hopes to forever change the way people look at aging. . . and even the way they age themselves.

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